32 Things Successful People Do

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1: Keep A Journal With them

Successful people have a place to write down new ideas and thoughts that come to them that they can capitalize on.

2: Consistently Work On Their Goals

Successful people don't take breaks from their goals. They consistently put the work in to reach their goals.

3: Read

Successful people have a habit of reading. They are always learning and expanding their minds.

4: Watch Less TV

Successful people don't make it a habit to spend too many hours watching TV; they realize their time is valuable and invest in more useful activities.

5: Think First, Speak Second

Successful people think before they speak. Those couple of seconds they take before they answer reap them excellent results.

6: Walk

Successful people make a habit of walking to clear their mind, restore their thoughts, think of an answer to a question, breathe, spend some time alone, get wrapped up in the beauty of nature, release endorphins, and more.

7: Stay Humble

Successful people are confident, but they also have a humility about them.

8: Pay Themselves First

Successful people always pay themselves first. They prioritize their financial well-being. They never pay bills or others first; they pay themselves first through savings and investments.

9: Listen To Enriching Recordings

Successful people listen to enriching podcasts, books, conferences, webinars, and other recordings that will positively elevate their lives. They listen to content when they drive or do other mundane activities that allow them time to grow simultaneously.

10: Are A Service To Others

Successful people find ways to continually serve others through whichever avenues they choose.

11: Wake Up Early

Successful people make it a habit to wake up early to accomplish more with fewer distractions.

12: Manage Their Time

Successful people are amply conscious of their time. They have firm boundaries when it comes to their time, and they never allow others to waste it.

13: Avoid Being Others' Garbage Can

Successful people avoid spending too much time or time at all with people who are negative and only want to dump their problems and irritations on others.

14: Review Their Goals Daily

Successful people know what their goals are at all times because they review them daily. They make it a habit to review and adjust their goals consistently.

15: Have Mentors

Successful people have mentors. They have people they learn from, people who challenge them, and people who encourage them to grow. Their mentors might not be in-person mentors, but some of them are; other mentors come from books, conferences, podcasts, etc.

16: Set Uncomfortable Goals

Successful people don't set easy goals; they set goals that make them feel uncomfortable and cause them to stretch.

17: Make Detailed Plans

Successful people write their dreams, desires, and visions down. They make detailed plans with the steps they need to take to make their goals, dreams, and visions a reality.

18: Have A Plan

Successful people know where they are going and where they are not going.

19: Found Their Purpose

As Les Brown put it, successful people know the two most important days of their lives: when they were born and why they were born. Their lives are lived with a clear purpose and a clear goal.

20: Generosity Is A Priority

Successful people don't live in lack; they are generous and find ways to continuously give to improve and invest in the lives of others.

21: Take Self-Care Seriously

Successful people ensure they take care of themselves first, for this is the only way they will be able to take care of others genuinely.

22: Are Active Participants

Successful people don't let things just happen to them. They take an active role in their lives. They are the leaders of their lives. If something isn't working, they decide to change it. If they aren't happy or if a situation isn't panning out the way they thought it would, they quickly pivot.

23: Encourage Others

Successful people encourage others and add value to the lives of others.

24: Learn From The Past

Successful people learn from the past and quickly move forward. They don't belabor the past.

25: Have Hobbies

Successful people have lives outside of their passion and focus. They have activities they enjoy regularly doing that add zest to their lives.

26: Invest In Enriching Relationships

Successful people invest in enriching and positive relationships that add value to their lives and vice versa.

27: Do The Hard Sh*t

Successful people don't avoid doing the hard things. They embrace the hard tasks, the hard goals, and the hard commitments. They realize that the greatest rewards come from doing the hard sh*t.

28: Know How to Relax

Successful people know how to relax. They work diligently, but they also understand to work hard continually, they must rest and take time to breathe and restore their minds and bodies.

29: Exude Confidence

Successful people are confident in everything they do. If they don't know something, they will admit it confidently and find ways to learn the piece of information they need. If they are faced with a daunting task, they will proceed with full confidence. Because confidence always wins.

30: Never Stop Growing

Successful people are always learning, engaging in new activities, meeting new people, traveling to new territory, and expanding their minds. They never stop growing, which is why they are always farther than the average person.

31: Make The Impossible Possible

Successful people believe anything is possible. They do not believe in barriers, boundaries, and limitations.

32: They Focus On Profits, Not Wages

Successful people aren't concerned with earning wages. Instead, they focus on earning profits because they realize they can make a fortune on profits instead of limiting and time-consuming wages.

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